

# 16 Items to Pack in a Roadside Emergency Kit

Whether you are taking a casual drive or embarking on a long road trip, you never know when an emergency will arise. As such, it's important to have a roadside emergency kit packed in your vehicle. Consider including the following items in your kit:

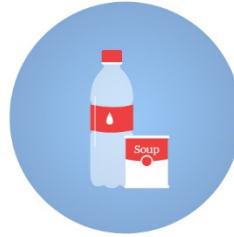
## Health Essentials



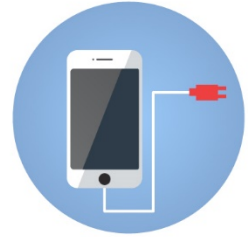
A first-aid kit



Crucial medications



Water and nonperishable food items



A cellphone and charger

## Vehicle Essentials



Jumper cables



Road flares and distress signs



A spare tire



Vehicle liquids

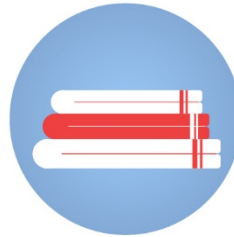
## Weather Essentials



A flashlight



A windshield scraper and shovel



A blanket



A set of warm clothes

## Document Essentials



Vital medical information



Emergency contact numbers



Proof of insurance and driver's license



The owner's manual for your vehicle